

What to do if you are fleeing domestic abuse or threats of violence

St Albans City and District Council

Housing Options Team

Self Referral: <https://www.stalbanshomechoice.co.uk>

Homelessness.Triage@stalbans.gov.uk

01727 819355

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If you think you may have to move out of your current home because you are facing abuse and threats of violence, including domestic violence, the following organisations can provide support.

If you are a woman or a man affected by domestic abuse, you can contact **Safer Places** on their e-line number: **0330 102 5811**.

If you are a woman affected by **domestic abuse**:

St Albans and Hertsmere Women's Refuge can offer accommodation for up to 22 women fleeing domestic violence, and can be reached on **01727 824425**.

Call **Herts Domestic Abuse Helpline** on **0808 808 8088**. 0808 numbers are free to call from landlines and mobiles within the UK and do not appear on itemised phone bills

Herts Area Rape Crisis and Sexual Abuse Centre can be contacted on their helpline on **01707 276512**

If you are in **immediate danger** call **999**.

National Organisations You Can Contact Include:

Women's Aid

0808 200 0247

National Domestic Violence Helpline

0808 200 0247

If you are a man affected by domestic abuse, you can contact:

M.A.L.E. – **0808 801 0327**

ManKind – **0182 333 4244**

If you are facing other threats or abuse, such as racial or homophobic harassment:

In an emergency call **999** or for a non emergency contact **112**

The Stop LGBT Hate Crime Helpline is a 24/7 Telephone Helpline covering England, Wales and Scotland. **0808 801 0661**

Galop are an anti-violence LGBT charity that can provide advice. **0800 999 5428**